

Concord Senior Center Week March 16-20

Monday-8:30-10:00-Breakfast

11:00-Stay Fit Exercises

12:00 Stay Fit Lunch

12:00-@:00-Free Blood Pressure Testing

7:00-Springville Jazz Band-Open to Public

Tuesday-8:30-10:00-Breakfast

9:15-Yoga

11:00-Stay Fit Exercises

12:00-Stay Fit Lunch-

1:00-Scene Book Club

Wednesday-8:30-10:00-Breakfast

10:00-Community Crafters

11:00-Stay Fit Exercises

11:00-1:00-Clarity Insurance Rep

12:00-Stay Fit Lunch

1:00- Red Cross Blood Mobile

Thursday -8:30-10:00-Breakfast

9:00-3:00-AARP Income Tax Help

9:30- Stitches Quilt Club

11:00-Stay Fit Exercise

12:00-Stay Fit Lunch-

12:30-Euchre Card group

1:00-Stiching Sisters -Knit & Crochet Group

Friday-8:30-10:00-Breakfast

11:00-Stay Fit Exercises

12:00-Stay Fit Lunch-Lentin Meal

If you are in need of or know anyone that needs any Senior Service- Your Concord Senior is here to help-Breakfast Monday-Friday-8:30-10:30-AARP Income Tax service will be here every Thursday -so book your appointment-592-2768-remember it is FREE-so why pay to get your taxes done—WE are having a new event -it is called LINGO -if you like to eat lunch -then play Bingo -this is for you-Must have Lunch first-donation \$3-then Bingo-Bingo is \$3 For 2 cards - then 50 cents for extra cards-great prizes-so try out LINGO-Friday March 27-We are going to be helping seniors fill out their census forms- -AARP Driving Course is May 4-Check your Blood Pressure on Monday March 16 by Nurse Eleanor -Stay tuned for LOTTERY LUNCH coming-Your Senior Center will be highlighted on WBEN am radio-So stay tuned for dates to listen to us-We are having a PIZZA DAY on Tuesday March 24-so sign up -The center is doing a bus trip to Allegany Seneca Casino on April 28-Cost is \$30-with \$30 free play plus free buffet lunch-plus you get a chance to win 2 free trips on our next bus ride-Please see Eleanor to register-WE schedule the Concord Van -please call 592-2768 between 8:00-3:00 Monday - Friday-Questions or answers-592-2764-email-concord2017sc@gmail.com