

CONCORD SENIOR CENTER WEEK OCTOBER 9-13

Monday 9-9:00-Gold Zumba

10:30 -Garden Club

11:00-Stay Fit Exercise

12:00-Stay Fit Lunch

Tuesday 10-9:00-Home Bureau

9:30-Yoga

10:00-Fidealis Rep

11:00-Stay Fit Exercises

12:00-Stay Fit Lunch

1:30 -Woman's Club

Wednesday 11-12:30-Insurance Rep

12:00-FLU SHOTS

1:30-Senior Club Meeting

Thursday 12-Stay Fit Exercises

12:00-Stay Fit Lunch's

12:30 -Monthly Birthday Cake

1:00-Euchre

Friday 13-10:00-FAB FRIDAY \$5 CRAFT w/Carolyn

12:00-Stay Fit Lunch

1:30-UNIVERSITY EXPRESS LECTURE

QUESTIONS -DIRECTOR ELEANOR 592-2764-EMAIL- concord2017sc@gmail.com

Lots of new things coming this month @ the Center—Look for RED CROSS BLOOD MOBILE every third Wednesday —Many MEDICARE AGENTS HERE TO DISCUSS NEW INSURANCES CHANGES—EXERCISES W/ KIM STARTING WEDNESDAY OCT 2--MONTHLY BIRTHDAY PARTY—FISH FRY'S ARE BACK -STARTING FRIDAY OCT 2--PLUS LOTS OF CRAFTS COMING W/JODY—CARD MAKING W/ LINDA—MAKING A FALL RUNNER W/CAROLINE – SCENE IS HAVING UNIVERSITY LECTURES HERE ON FRIDAYS IN OCTOBER--PLUS LOTS MORE—SO STOP IN

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