

CONCORD SENIOR CENTER WEEK OF AUGUST 7-11

August 7-Monday-9:00-Gold Zumba

10:00-Fidelis Medicare Rep

11:00-Stay Fit Exercises

12:00-Stay Fit Lunch

3:00-Care Givers Support Group

Tuesday 8-9:30-Yoga

12:00-Stay Fit lunch

Wednesday 9-30-Senior Club Meeting

Thursday 10-11:00-Stay Fit Exercises

12:00-Stay Fit Lunch

1:00-Euchre

DIRECTORS HOURS --Monday -8am-3pm--Tuesday -8am-1pm-Friday-8am-3pm-HOURS
SUBJECT TO CHANGE-QUESTIONS-592-2764-email-concord2017sc@gmail.com

STOP IN & TRY OUR LUNCH-RESERVATIONS REQUIRED 48 HOURS NOTICE-WE ACCEPT SNAP
BENEFITS-WE ALSO HAVE SURPRISES DURING LUNCH TIME-SO STOP IN-592-2741 for
reservations

STAY TUNED FOR MANY NEW IDEAS AT YOUR CENTER

OUR VEGETABLE GARDEN IS STARTING TO PRODUCE-ALL VEGETABLES ARE FREE FOR THE
PICKING