



---CONCORD NUTRITION DINING
SITE -----SPONSERS---STAY FIT
LUNCHS---

LUNCH SERVED MONDAY THRU FRIDAY @
12:00 -EXCEPT HOLIDAYS --SERVED AT THE
CONCORD SENIOR CENTER—40 COMMERACE
DRIVE SPRINGVILLE 14141-NUTRITION SITE-
592-2741-CENTER-592-2764 -48 HOUR
RESERVATIONS REQUIRED—MUST BE 60 OR
OLDER—A CONFIDENTIAL DONATION OF \$3.00
IS SUGGESTED—BUT NO ONE IS DENIED—WE
ACCEPT SNAP BENIFITS -WE ALSO OFFER
@11:00 ON MONDAYS & THURSDAYS-- STAY FIT
EXERCISES THEY ARE EXERCISES THAT ARE
LOW IMPACT-MONTHLY MENUS ARE Available
@ THE CONCORD SENIOR CENTER-
SPRINGVILLE TIMES-SPRINGVILLE
PENNYSAVER-SPRINGVILLE JOURNAL-