

40 Commerce Dr.
off Waverly St.
head Senior Citizens Bldg.
Springville, 592-2741

Erie County Stay Fit Dining Program

STANDARD MENU

JULY 2017

Call for Reservation
72 hr. Advance for SPECIAL MEAL

Mon	Tue	Wed	Thu	Fri
3 Fourth of July Luncheon	4 Fourth of July Holiday	5	6	7 Side Salad
Hot Dog Baked Beans California Blend Veggies Potato Salad Hot Dog Bun Strawberry Marble Ice Cream 903 <i>Special MEAL</i>	NO MEALS SERVED	Breaded Boneless Chicken Breast w/ Gravy Mashed Potatoes Harvard Beets Whole Wheat Bread Lorna Doones 765	Sliced Roast Pork w/ Marsala Sauce Mashed Sweet Potatoes Green Peas w/ Red Pepper Whole Wheat Dinner Roll Chocolate Chip Cookies 969	(2) Stuffed Shells w/ Tomato Meat Sauce Cauliflower Chef Salad w/ Dressing Italian Bread Cantaloupe 905
10	11	12 SC Meeting	13	14 Side Salad
Turkey Burger w/ Gravy Mashed Sweet Potatoes Broccoli Wheat Hamburger Bun Pineapple Tidbits 823	Knockwurst w/ Mustard Hot dog Bun Mashed Potatoes Green Beans w/ Red Pepper Chocolate Pudding 735	We will be closed	Sweet & Sour Chicken w/ White Rice Seasoned Spinach Wax Beans Carnival Sugar Cookies 777	Chili Con Carne w/ Shredded Cheese Tortilla Carrot Coins Chef Salad w/ Dressing Tropical Fruit Cup 906
17	18	19 Side Salad	20	21
BBQ Pork Ribette Hot Dog Bun Chive Mashed Potatoes Tender Peas & Carrots Fresh Cantaloupe 690	Chicken & Sausage Gumbo over White Rice Seasoned Spinach Fiesta Corn Strawberry Oatmeal Bar 727	Breaded Boneless Chicken Breast w/ Jardiniere Gravy Rice Pilaf Romano Blend Veggies Marinated Salad Mandarin Oranges 699	Homestyle Meatloaf w/ Gravy Mashed Potatoes Brussels Sprouts Rye Bread Yellow Cake w/ Chocolate Frosting 795	Breaded Fish w/ Tartar Sauce Creamy Macaroni & Cheese Broccoli Grape Juice Peaches 852
24	25 Christmas in July	26 SC Potluck	27 Southwestern Dinner Salad	28
Breaded Chicken Breast w/ Cacciatore Sauce Penne Pasta Seasoned Mashed Squash Green Peas Rice Krispie Square 772	Special MEAL	We will be closed	Grilled Chicken Breast w/ Ranch Dressing Corn, Bean Tomato Relish Tortilla Fresh Mixed Greens Fresh Orange 832	Homemade Stuffed Pepper w/ Savory Sauce Mashed Potatoes Wax Beans Dinner Roll Fruited Gelatin 803
31	1	2	3	4
Creamy Turkey Pasta w/ Penne Pasta Wax Beans Broccoli Lorna Doones 651	Sloppy Joe Wheat Hamburger Bun Fiesta Corn Tender Peas Pineapple Tidbits 775	Sliced Ham Steak w/ Pineapple sauce Oven Browned Potatoes Seasoned Mashed Squash Rye Bread Frosted Brownie 773	Sliced Roast Beef w/ Gravy Sour Cream & Chive Mashed Potatoes Green Beans Wheat Hamburger Bun Lemon Bavarian 673	BBQ Chicken Leg Quarter Mashed Potatoes Tender Carrots Dinner Roll Fresh Cantaloupe 695

July